

Zucchini Banana Bread



This recipe has very little added sugar which is always a bonus when trying to eat healthy!

Ingredients:

1 1/2c flour
1t baking soda
1/2t cinnamon
1/2t nutmeg
1c old-fashioned oats
1/4c sugar
2 eggs
1/4 c coconut oil (or avocado oil)
1t vanilla
3 bananas, mashed
2 c shredded zucchini

Directions:

1. Mash bananas with a fork.
2. Shred zucchini with a box grater or food processor.
3. Combine all ingredients in a mixing bowl until combined.
4. Grease loaf pan with oil or cooking spray.
5. Bake at 350* for 45-55 mins.
6. Cool in pan for 10 mins and then remove from pan onto cooling rack to finish cooling so that bread doesn't keep cooking and dry out.
7. Slice and enjoy!