

Tex-Mex Chopped Chicken Salad



Ingredients:

3c cooked shredded chicken
1 head romaine lettuce, chopped
1 red bell pepper, chopped
1 green pepper, chopped
1 can black beans, rinsed and drained
1 can corn, rinsed and drained
2 tomatoes, diced
2T onion, diced
2 avocados, diced
1/4c cilantro
1c tortilla chips, broken into pieces

Dressing:

1/2c light mayo
1/2c milk
1T ranch seasoning mix
1T taco seasoning mix

Directions:

1. In a large bowl, add all salad ingredients and toss to combine.
 2. In a separate bowl, mix together the dressing ingredients.
 3. Pour the dressing over the salad and mix to coat.
 4. Top with the broken tortilla chips.
- This can easily be made vegetarian by omitting the chicken.