

# Spinach Tortellini Soup



Sean RAVES about this soup. It's his favorite.

## Ingredients:

2 cloves garlic, minced  
1T olive oil  
4 cups vegetable broth  
8-10oz package frozen cheese tortellini  
1/8t cayenne pepper  
1/4t black pepper  
10-12oz package frozen spinach, (thaw if boxed, can add frozen if bagged)  
14.5oz can Italian-style diced tomatoes, undrained  
1/2lb ground mild Italian sausage

## Directions:

1. In a large saucepan or soup pot, saute garlic in olive oil over medium heat for 3-5 mins.
2. Add broth and tortellini; heat to boiling.
3. Reduce heat, add ground peppers and simmer for 10 mins.
4. Stir in spinach and tomatoes; continue to simmer an additional 5 minutes.

Makes 6-8 servings.

## Tips:

- You can make this a vegetarian soup by simply omitting the sausage.
- You can make it vegan by substituting other fun-shaped, small-shelled pasta for the tortellini.